Our Vision
To provide every patient with the care we want for those we love the most

Norfolk and Norwich University Hospitals NHS
NHS Foundation Trust

Information for Patients
Attending the Pre-operative Assessment Clinic
(Surgical Division)

Pre-operative Assessment Clinic

Your Surgeon is now planning a date for your operation so you have been asked to attend a Pre-Operative Assessment Clinic.
At this appointment a nursing, medical and social assessment will be carried out by a qualified Nurse to identify any potential problems. You may also see a Doctor from the Surgical Team and you may be referred to see an Anaesthetist. We will arrange any pre-operative investigations that may be necessary to ensure your fitness for surgery.

The nurse will also explain the expected length of stay and any instructions you may need to follow before and after your surgery. You will also be provided with the relevant information regarding your proposed surgery and recovery. Your family or carers are encouraged to be involved in your treatment, so please feel free to bring someone along if you wish.

The length of time required for pre-operative visits can vary for individual patients, but you need to be aware that approximately 1 – 3 hours may be required.

Pre-Operative Tests

Tests that may be required include:

- Blood Pressure, Pulse
- Urine sample, Height and Weight
- Bloods and MRSA Screening
- ECG & Chest X-ray (depending on age) and Echocardiogram

Please bring with you all medication you are currently taking or a repeat prescription, a urine specimen in a sterile container, which can be obtained from your GP practice, and reading glasses if you wear them.

If you require further information prior to your appointment please telephone: **01603 287819 and ask for Sister Mary Webdale.**

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