Dermatology Day Treatment Clinic

Advice for patients receiving multi-layer bandaging for compression therapy

- The bandages may feel tight or firm for the first few hours. This should loosen over the first day.
- Do not push bandages down from the knee or up away from the toes. This may cause them to become tighter and more uncomfortable.
- Do not get the bandages wet – there are water-proof appliances available. Please ask the Nurse for details.
- Please wear the shoe provided to make sure the bandages are kept clean. This will also help you to walk safely.
- The top layer of bandages can be removed if you develop **any** of the following:
    - A worsening of existing pain or development of new pain.
    - A significant change in colour to the tips of toes (mottled/bluish-purple).
    - Numbness in the bandaged leg or the tips of the toes.
    - Tips of toes become very cold.
    - You notice that you have become short of breath – please also contact you nurse immediately.

Contact details:

Day Treatment Clinic	01603 288386 Mon – Fri 0830-1730 (voicemail also)
Dermatology Out Patients Department	01603 288411 Mon – Fri 0830-1800

Sat and Sun 0830 -1630 - bleep 1247