


Advice leaflet to help to stop you falling in hospital

	The Hospital wants to help to stop you falling.
	Wear sensible shoes or slippers that fit you.
	Wear your glasses and hearing aid.
	Use your walking frame or stick when moving about.
	Ask the nurses to show you where things are.
	Tell the nurse if you are worried about walking or falling.
	Use the nurse call bell if you need help to walk or move about.
	Be careful when you stand up and please do not rush.
	Do not use the hospital furniture to help you walk. Our furniture has wheels.

Patient Advice leaflet to help to stop you falling in hospital

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