



## How to find us and useful information.

information upon request.

As there is limited space, we would therefore request that you are only accompanied by one other person.

**Norfolk & Norwich  
University  
Hospitals  
Foundation Trust  
Colney Lane  
Norwich**

We are based on level one east block, if you are parking at the front of the hospital (by the buses) you will need to go down a level, if you park the opposite side of the hospital (car park L) you will be on the correct level.

As your visit may last up to 6 hours, please bring refreshments with you. Alternatively, there are various places in the hospital where you can purchase food and drink. Staff will be happy to provide you with this

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Updated by  
Rebecca Crosswell  
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Review  
Feb 2023

# Ambulatory Emergency Care

Acute  
Medical



Unit (K)  
Level 1  
East  
Outpatients  
East  
Block

## Ambulatory Emergency Care (AEC)

- You have been referred to the AEC clinic by your GP or via the Emergency Department as you require further investigations, procedures or treatment. This is not an inpatient area and you will not be placed in a bed. Please make your way to the clinic immediately, once you have been referred.
- During your visit you will be reviewed by a senior member of medical or nursing staff who will assess what further care or treatment you require.



## What will happen when I arrive?

- If you have been referred from your GP, then you will be seen by a member of the nursing team. They will complete a set of observations including your blood pressure, heart rate, temperature and oxygen saturations.
- Further investigations will also be carried out including an ECG (heart trace) and various blood tests in order to form a full diagnosis.
- If you have been referred from the emergency department, some of these tests may have been completed already, but the results will be reviewed and further tests completed as required.
- You may need to attend the AEC again for other investigations that can't be completed the same day. Please anticipate you will be with us, for at least a few hours.

## What you can expect.

- We do not anticipate that you will require an overnight hospital admission into a bed.
- Most patients will expect to be seen, reviewed and discharged home in approximately 6 hours.
- A small number of patients may require an admission, resulting in a short stay in hospital, or be asked to return on another day for follow up.
- You can expect to be kept informed and involved with decision making regarding your care.

## What we expect.

- For you to have access to your own method of transport
- For you to be fully clothed in day wear
- For you to be able to supply us with all relevant

medical history and a list of  
current medication.