



Sands
Helpline: 0808 164 3332
Email: helpline@sands.org.uk
www.sands.org.uk

Local 'Sands' groups aim to offer support for bereaved parents and families. If your baby was stillborn, or died during or soon after birth, they offer support, however long ago that might have been.



Miscarriage Association
Helpline: 01924 200799
Email: info@miscarriageassociation.org.uk
www.miscarriageassociation.org.uk

If you have been affected by miscarriage, ectopic pregnancy or molar pregnancy, the 'Miscarriage Association' offers information and support that you may need to help you through.



TimeNorfolk
Tel: 01603 927437
Email: info@timenorfolk.org.uk
www.timenorfolk.org.uk

'TimeNorfolk' provides free confidential help and support to anyone who may have an unplanned pregnancy, or who has experienced pregnancy loss through miscarriage, termination or stillbirth. They provide support across Norfolk to women and their partners of all ages.



Norfolk and Norwich Baby Bereavement Group
Instagram: @n.n.b.b.g
Facebook: Norfolk and Norwich Baby Bereavement Group
Twitter: @nnuhbbg
Email: nnuhbabybereavementgroup@gmail.com

The aim of this group is to connect local families, share support and to fundraise. If you would like to get in touch with the group, contact us through Instagram, Facebook, Twitter or email.



NNUH Chaplaincy
Tel: 01603 287470
email: chaplaincy@nnuh.nhs.uk

The Chaplaincy offer pastoral and spiritual support to parents. They organise an Annual Service of Remembrance at the Hospital to which families are invited.



Nelson's Journey
Tel: 01603 431788
Email: enquiries@nelsonsjourney.org.uk
www.nelsonsjourney.org.uk

Nelson's Journey is a Norfolk charity that supports children and young people who have experienced the death of a significant person in their life. They provide a range of support, appropriate for the needs of each child or young person.



**Child
Bereavement UK**
Tel: 0800 02 888 40
www.childbereavementuk.org



Child Bereavement UK supports families and educates professionals both when a baby or child of any age dies or is dying, and when a child is facing bereavement.



Information and Contact details of groups and charities supporting bereaved families