

## **Advice about Bleeding after tonsillectomy (Adults)**

Bleeding from the throat after tonsillectomy is NOT normal.

Within 24 hours of leaving the hospital:

If you spit more than a tablespoon of blood within 24 hours after you have left the hospital, you should:

- Telephone Earsham Ward on 01603 289950 (24 hours)
- Tell them you have had a tonsillectomy in the last 24 hours.
- Tell them that you are bleeding.

If you are unable to contact the above, attend your nearest Accident and Emergency (A&E) Department

In an emergency, call an ambulance on 999.

More than 24 hours after leaving the hospital.

After 24 hours, if you have any concerns, you should contact your GP or A&E in the first instance

Returning to hospital

If you have to return to the hospital, please do not drive yourself. You must have someone responsible to accompany you.