

Department of Radiology CT Colonoscopy (CTC) Aftercare

Now that your CT Colonoscopy examination is completed – you may find the following points useful:

The images will be examined by a Radiologist or Specialist Radiographer, who will send a report of the results to the person who referred you for this test.

- You may return to your normal diet and medication.
- The diarrhoea caused by the Gastrografin preparation you took before the examination may have resulted in slight dehydration. To reduce this effect you are advised to drink plenty of fluids over the next 24 hours.
- If you experience painful red eyes over the next 24 hours, this could be a reaction to the anti-spasmodic injection (Buscopan) that you may have been given during the examination. Contact your GP immediately. If your surgery is closed, go to the Accident and Emergency Department (please take this leaflet with you).
- Some patients will experience abdominal pain over the next 24 hours due to trapped wind. Please contact your GP if the pain does not settle after this period.

Advice for patients with diabetes:

- Take your insulin or other medication as advised in the information leaflet.
- Monitor your blood glucose, if you have the equipment to do so, 4 times per day. You should test more frequently if you are unwell, nauseated or vomiting.
- Your blood glucose maybe higher than usual. This is not a concern if you are feeling well.
- If you are feeling unwell (particularly if vomiting and unable to take food or medication, or you have ketones) contact your usual diabetes care provider urgently.

You will be contacted by your Consultant / doctor who referred you with your results.

If you have any queries, you can contact the Radiology Department on:

Telephone: 01603 286103 (9.00 am to 4.30 pm)

E-mail: nnu-tr.fluoroappointments@nhs.net

Website: <http://www.nnuh.nhs.uk/Dept.asp?ID=59>