

## **CT Virtual Colonoscopy (CTC) Aftercare**

Now that your CT Colonoscopy examination is completed – you may find the following points useful:

The images will be examined by a Radiologist or Specialist Radiographer, and a copy of the report will be electronically sent to the person who referred you for this test.

- You may return to your normal diet and medication.
- The diarrhoea caused by the bowel preparation may have resulted in mild dehydration. You are advised to drink plenty of fluids over the next 24 hours.
- If you experience painful red eyes and blurred vision over the next 24 hours, this could be a reaction to the anti-spasmodic injection (Buscopan) that you may have been given during the examination. Contact your GP immediately. If your surgery is closed, go to the Emergency Department (please take this leaflet with you).
- Some patients may experience abdominal discomfort over the next 24 hours due to trapped wind. Please contact your GP or 111 if the pain becomes severe or you feel unwell.

### **Advice for patients with diabetes:**

- Take your insulin or other medication as advised.
- Monitor your blood glucose, if you have the equipment to do so, 4 times per day. You should test more frequently if you are unwell, nauseous or vomiting.
- Your blood glucose may be higher than usual. This is not a concern if you are feeling well.
- If you are feeling unwell (particularly if vomiting and unable to take food or medication, or you have ketones) contact your usual diabetes care provider urgently. Out-of-hours call 111 or go to the Emergency Department.