

Norfolk & Norwich University Hospital
Colney Lane
Norwich NR4 7UY

Our ref: CAK/KM

Date: 21st April 2016

To: All Hospital Staff

Dear All

The Paediatric and Adult Cystic Fibrosis Service have jointly decided that all patients with Cystic Fibrosis should be treated with universal precautions in the same way that patients with C-difficile or MRSA would.

This means that inpatient and outpatient care of all patients with Cystic Fibrosis needs to entail wearing of aprons and gloves. This is to include people going into the room, such as housekeeping staff, catering staff, therapists etc.

There are new organisms being discovered which make patients with Cystic Fibrosis acutely unwell, and can cause severe long-term problems.

We have therefore taken this decision to try and minimise the risk of cross infection between patients. We would appreciate your help in this matter.

There will be one further step with this policy in that staff members from the respiratory teams where the nurses or physiotherapists are undertaking procedures such as physiotherapy, induced sputum procedures or spirometry will wear a gown and gloves instead of an apron and gloves.

We recognise that this is a change in policy, but it is a policy that we are adopting at present until further evidence is available. We would appreciate your help with this. We are happy to answer any questions about this change.

Many thanks

Yours sincerely

Dr Caroline Kavanagh
Consultant Paediatrician