

DEPARTMENT OF RADIOLOGY

Cystogram

What is a Cystogram?

A Cystogram allows us to look at your bladder. Your doctor will have explained why you need to have this done. It will be performed by a Radiologist or Radiographer.

How do I prepare for my examination?

- You will normally already have had a Foley catheter placed into your bladder. If you do not please contact the Radiology Department.
- You do not have to follow a special diet or have any preparation for this test.
- If you have a urine infection, we cannot do the test. Ring 01603 286108 to rearrange your appointment, and please leave a message if no one is able to take your call
- If you think you are allergic to iodine or to the X-ray dyes, please telephone us on 01603 286103 Monday to Friday between 9am and 4.30pm

What happens when I arrive?

- On arrival in the X-Ray Department, you will be asked to change into a gown. Your clothes will be placed in a basket and brought with you to the examination room.
- If you are a woman of childbearing age (12 to 55 years old), you will be asked if you are pregnant.

What does it involve?

- You will be positioned on your back on the X-ray table.
- Your catheter will be disconnected from the urine bag, and a syringe attached. Your bladder will then be filled using a contrast dye containing iodine. After your bladder is full, the Radiographer will take images which will appear on a television screen.
- You may be asked to lie on your side or to turn slightly from side to side while the Radiographer watches your bladder on the TV screen.
- At the end of the procedure the Radiographer will drain the contrast dye from your bladder via the catheter, re-connect the urine bag and direct you to an area where you can re-dress. After you are dressed you may need to go to a ward to have the catheter removed. This should have been arranged by your Doctor.

How long will it take?

The test usually takes 15 - 20 minutes and you should expect to spend up to 40 minutes in the department.

After the examination

You will be able to dress and leave the department. You should be able to go home as soon as the test is finished, unless a visit to a ward has been arranged.

Are there any side effects or after effects?

- We would not expect this test to have any lasting effects.
- There is a very small risk of introducing infection. If after the test you experience any symptoms of urinary infection, such as pain passing urine or a temperature, please contact your GP.

Further Information

If you have any concerns or questions about your Cystogram please telephone - X-Ray Department on 01603 286103 between 9am and 4.30pm, Monday to Friday

How to find us:	To access Radiology for your appointment, please follow sign to the Urgent Care Centre/Minors (Emergency Department) in front of Carpark G. On entering, turn immediately left and follow signs to the CT/MR Reception. Please note the change in location, which is likely to be different from your previous visits to Radiology. You can find more information at: www.nnuh.nhs.uk
Hospital transport:	To enquire about hospital transport telephone 0333 240 4100
Contact details:	Telephone: 01603 286108 Mon-Fri 9-5 Email: nnu-tr.fluoroappointments@nhs.net Website: www.nnuh.nhs.uk

