

DEPARTMENT OF RADIOLOGY

Cystogram

What is a Cystogram?

A Cystogram allows us to look at your bladder. Your doctor will have explained why you need to have this done. It will be performed by a Radiologist or Radiographer Advanced Practitioner.

How do I prepare for my examination?

- You will normally already have had a Foley catheter placed into your bladder. If you do not, please contact the Radiology Department.
- You do not have to follow a special diet or have any preparation for this test.
- If you have a urine infection, we cannot do the test. Ring 01603 286108 to rearrange your appointment please leave a message if no one is able to take your call. Full contact details are available in the contact section below.
- If you think you are allergic to iodine or to the X-ray dyes, please contact the department.
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What happens when I arrive?

- On arrival in the X-Ray Department, you will be asked to change into a gown. Please bring a bag with you to put your clothes in; this can then be brought with you to the examination room.
- If you are of childbearing age (12 to 55 years old), please inform us if you could be pregnant using one of the below contact methods.

What does it involve?

- You will be asked to lie on your back on the X-ray table.
- Your catheter will be disconnected from the urine bag, and a syringe attached. Your bladder will then be filled using a contrast dye containing iodine. After your bladder is full, the Radiographer will take x-ray images.
- You may be asked to lie on your side or to turn slightly from side to side while the Radiographer watches your bladder on a monitor.
- At the end of the procedure the Radiographer will drain the contrast dye from your bladder via the catheter, re-connect the urine bag and direct you to an area where you can re-dress.

How long will it take?

The test usually takes 15 - 20 minutes and you should expect to spend up to 40 minutes in the department.

After the examination

After you are dressed, you may need to go to a ward or clinic to have the catheter removed. This should have been arranged by your doctor prior to this appointment.

Are there any side effects or after effects?

- We would not expect this test to have any lasting effects.
- There is a very small risk of introducing infection. If after the test you experience any symptoms of urinary infection, such as pain passing urine or a temperature, please contact your GP.

Further Information

If you have any concerns or questions about your cystogram examination, please contact the department using one of the contact details listed below.

How to find us:	To access Radiology for your appointment, please follow signs to Ambulatory Majors (Emergency Department) in front of Carpark G. On entering, turn immediately left and follow signs to the Fluoro/CT/MR Reception located down the green corridor. You can find more information at: www.nnuh.nhs.uk
Hospital transport:	To enquire about hospital transport telephone 0333 240 4100
Contact details:	Telephone: Fluoroscopy Appointments on 01603 286108; this phone is usually staffed 8am-3pm Mondays, Wednesdays, and Thursdays with an answerphone available at all other times. Please leave a message and your call will be returned within 2 working days. Alternatively, please call 01603 286103 Monday-Friday, 9am-4pm. Email: fluoro@nnuh.nhs.uk Website: www.nnuh.nhs.uk

We aim to provide the best care for every patient. So, we would like your feedback on the quality of the care you have received from the Hospital. Please visit:
<http://ratenhs.uk/IQu9vx>

