

## Day Procedure Unit

### Discharge Advice after a Gynaecological Laparoscopic Procedure

- You can expect some swelling or bruising at the wound site(s). This is not unusual and there will be some discomfort and tenderness where the incision(s) have been made.
- You will have some discomfort in your abdomen or occasionally in your shoulder for the first day or two.
- You may need to take a simple painkiller such as paracetamol.
- Your abdomen may seem a little swollen, but this will settle.
- You may have a little vaginal bleeding for a few days after the operation. We advise the use of sanitary towels rather than tampons.

If, however you experience any of the following problems within the first week you should seek medical advice.

- Increased abdominal pain, redness, swelling or discharge of the wound(s)
- Persistent bleeding from the wound(s)
- Difficulty in passing urine
- High temperature
- Nausea or vomiting

If any of these occur or you need advice, please contact the **Day Procedure Unit** on **(01603) 286008** Mon – Saturday until 7pm

or

After hours **Cley Ward** on **(01603) 287242**

Alternatively, you may be able to see your General Practitioner.