

Important Information about Your Operation

General information for patients having a procedure under Local Anaesthetic

The Arthur South Day Procedure Unit (DPU) is staffed from 7am – 10pm Monday to Sunday.

Your appointment for surgery is on at:

If you are unable to keep an appointment, please inform the Waiting List Coordinator
..... on 01603 so that an alternative appointment can be arranged.

If you have any special requirements, please let us know. Staff will be happy to discuss any of your needs with you before you come to hospital.

Before your operation

Following a local anaesthetic procedure, you may not be able to drive yourself home - this will depend on the type of surgery you have. You should bring someone with you who can drive you home.

Please bring with you all prescribed medication you are taking in the original boxes. You will also require pain relief after your operation – please make sure you have Paracetamol and Ibuprofen available at home.

Continue to take all your medication as usual before you come into hospital, unless your surgeon or pre-assessment nurse has asked you not to.

Drugs to prevent blood clots (anti-coagulants) may need to be stopped before your operation. Please advise the Waiting List Coordinator if you are on any blood thinning or anti platelet drugs or biologic medications and you will be advised if it is necessary to stop this medication prior to your operation.

- Please inform the waiting list coordinator if you have any allergies, especially to latex.
- You will have swabs for MRSA taken on admission to DPU
- For local anaesthetic procedures it is not necessary to fast. Please have a light meal before coming into hospital.
- If you are a diabetic, please follow your normal routine regarding medication and diet.

The day of the operation

Please report to reception. A nurse will complete your admission paperwork and you will see the surgeon to sign a consent form. Please be aware that you may need to wait before your operation.

A member of staff will walk you to theatre so you will need to bring a dressing gown and a pair of slippers with you. You can wear your glasses, hearing aids and dentures until you are in the anaesthetic room. Jewellery, decorative piercing, false nails and make up should be removed. If you cannot remove jewellery, it may be able to be covered to prevent damage to it or to your skin.

When you return to the ward you will be given something to eat and drink. When you are ready, you will be asked to get dressed. The nurse will then give you a discharge letter with relevant information, including contact numbers should you need any advice after you leave the hospital.

Privacy and Dignity

We are working to ensure that we continue to meet the standards set out by the Department of Health for the privacy and dignity of our patients. These standards ensure that male and female patients are treated in separate areas.

This means it is no longer possible for relatives to stay in the unit with patients during their treatment. However, relatives are very welcome to use the Trust waiting area or visit the hospital's cafes or restaurant whilst patients undergo treatment.

We recognize that there are some exceptional circumstances where the patient needs urgent care, in these situations, providing fast efficient care may take priority over ensuring same sex accommodation.

In addition, if there are very specific medical needs that means a patient does need a carer or relative to stay with them, please discuss this with the nurse-in-charge.

If you have any other questions or require more information prior to your treatment either contact the Day Procedure Unit **01603 286000** or look on any of the relevant websites listed below.

Useful websites:

NHS Direct
Tel: 0845 4647

Web address: www.nhsdirect.nhs.uk

British Association Day Surgery

Web address: www.daysurgeryuk.org

Anaesthetic Website www.youranaesthetic.info

For help giving up Smoking: contact Smokefree Norfolk local freephone 0800 0854 113 or www.smokefreenorfolk.nhs.uk or email smokefreenorfolk@nchc.nhs.uk

We aim to provide the best care for every patient. So, we would like your feedback on the quality of the care you have received from the Hospital. Please visit: <http://ratenhs.uk/IQu9vx>
Or use QR:

