

Having Breast Screening



All women aged 50 to 70 will be sent a letter from the Breast Screening Unit inviting them to come for breast screening. If you are over 70 you can ring the number on the back of this leaflet and ask to come.

An x-ray called a mammogram looks for small changes inside the breasts.

← The x-ray machine.

Breast Screening takes place at:



The Breast Screening Unit at the Norwich Community Hospital



A mobile Breast Screening Van



Cromer Hospital



The staff who take the x-ray are female.



When you arrive at the Breast Screening Unit we will check your name, address and date of birth.
Before your x-ray we will ask if you have any worries about your breasts.



You may have to wait until an x-ray room is free.

You will be asked to take off your top and bra.

The staff will place your breasts one at a time, onto the x-ray machine.

Your breasts will held tightly for a few seconds. You will need to keep still.

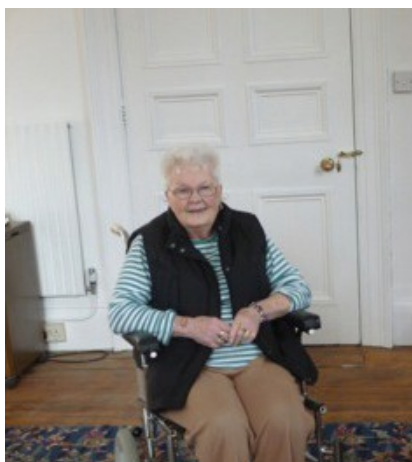
4 pictures are taken as a minimum.



The radiographer will take the x-ray by pressing a button behind a screen.



Some women (not all) find it painful or uncomfortable, but this won't last long.



Let us know if you use a wheelchair or cannot move well.

We have clinics available with longer appointment times and more staff to help position you.

We use a “Sara Steady” stand aid to be able to move you easily.

Your Results

- You will be sent a letter with your results in two to three weeks.
- You won't need to come again for three years if the results are ok.
- You will need to go to the Norfolk and Norwich hospital for more tests if any changes have been seen on your mammogram.
- If you are worried about your result letter, you or a carer can ring the Breast Screening Unit to talk about it.

Breast Screening Department - Telephone: 01603 287777

Monday to Friday 09:00 – 16:30