



Infant Feeding

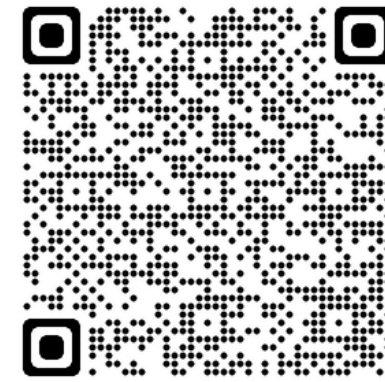
Helpful Videos and Information

Exaggerated latch
<https://youtu.be/41fC0fQs1P8>



Videos

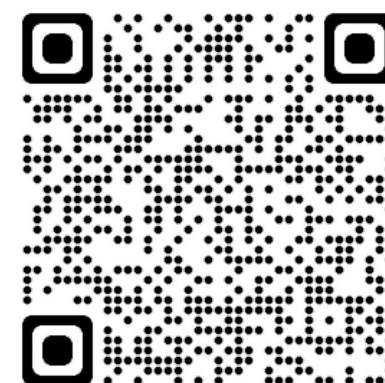
Hand expressing - UNICEF.org.uk
<https://youtu.be/K0zVCwdjZw0>



Responsive bottle feeding - Yorkshire NHS
<https://www.youtube.com/watch?v=5hEq2QpQFT8>



Breast compressions
https://youtu.be/M_NLHiasZok



Articles



engorged breasts
www.breastfeeding.support/engorged-breasts

Mastitis Symptoms and Treatment
www.breastfeeding.support/mastitis-symptoms-and-treatment/



Breastfeeding with large breasts
www.breastfeeding.support/breastfeeding-with-large-breasts/



Breastfeeding with flat/inverted nipples
www.breastfeeding.support/breastfeeding-inverted-nipples-flat-nipples/



[www.unicef.org.uk/babyfriendly/
baby-friendly-resources/
foreign-language-resources/](http://www.unicef.org.uk/babyfriendly/baby-friendly-resources/foreign-language-resources/)



CONTACT THE INFANT FEEDING TEAM:

01603 286058

email: infantfeedingco-ordinators@nnuh.nhs.uk