

BREAST IMAGING DEPARTMENT

Breast Biopsy Aftercare

A biopsy means that small pieces of breast tissue have been removed by a needle to be looked at under a microscope.

It can take up to two weeks to get your results. You will either receive a letter by post or an appointment to come back to The Boudicca Breast Unit. If you do not receive information within 10 days, please use the contact details at the bottom of this sheet.

- There is a very small risk of infection; the examination is carried out under conditions to reduce this as much as possible.
 - Avoid getting the dressing wet for 48 hours. You may remove the dressing after this time, or sooner if it causes itching or redness.
 - If you develop any itching, you may be allergic to the dressing, and it should be removed. You can arrange to see your practice nurse for removal and assessment of dressings. You can also ring your breast care nurse for advice.
- Some people find their breast aches for a little while after the local anaesthetic has worn off. A painkiller such as Paracetamol should help. Do not take Aspirin.
- There is a risk of bruising. We recommend for you to avoid heavy work and lifting for 48 hours.

If bleeding occurs at the biopsy site, please **apply pressure for 15 minutes** and either sit or lie down. After 15 minutes, check to see if the bleeding has stopped. If blood has soaked through the dressing, apply another dressing over the top of the first dressing. You may find this easier if someone can help you.

If bleeding has not stopped at this point, please **call the Breast Imaging Dept on 01603 286728. Opening times are Monday – Friday 08:00-16:30.**

If the department is closed, please contact your GP or attend Accident and Emergency for further advice and assessment.

Breast Care Nurses- 01603 286732

Mr Hussien's Secretary- 01603 286427

Mr Pain's Secretary- 01603 286430



Miss Zechmeister's Secretary- 01603 287371

Mr Youssef's Secretary- 01603 287036

