

## Day Procedure Unit (Easy Read Information)



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### Important Information about Your Operation General information for patients having a Local Anaesthetic



The Day Procedure Unit is opened from 7am -10pm Monday to Friday, Saturday 7am - 8pm.

**Your appointment for your operation is on .....**

If you can not come on that day please phone..... on 01603..... so they can change your appointment time.

### **Before your operation**

You are having a **local anaesthetic** which means you will be awake when you have your operation.

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Please bring with you any **tablets** that you take at home.



You can have a **small meal** before coming into the hospital.



Before your operation you will see the **doctor** who will talk about your operation.



You will get **changed** into a hospital gown, dressing gown and a pair of slippers and we will walk you to the theatre.



Jewellery, decorative piercing, false nails, nail varnish and make up should be **removed**.

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You will go **home** after your operation and it is a good idea to have someone to **drive you**.

If you have any other **questions**, or need more information before your treatment please phone the **Day Procedure Unit 01603 286000**, or look on any of the relevant websites listed below.

### Useful websites:

British Association Day Surgery

Web address: [www.daysurgeryuk.org](http://www.daysurgeryuk.org)

Anaesthetic Website [www.youranaesthetic.info](http://www.youranaesthetic.info)

For help Giving up Smoking: contact Smokefree Norfolk local freephone 0800 0854 113 or [www.smokefreenorfolk.nhs.uk](http://www.smokefreenorfolk.nhs.uk) or email [smokefreenorfolk@nchc.nhs.uk](mailto:smokefreenorfolk@nchc.nhs.uk)

For use in the Day Procedure Unit, Norfolk and Norwich University Hospitals NHS Foundation Trust

