

## National Data Opt-Out Privacy Notice

The information collected about you when you use the NHS services can also be used and provided to other organisations for purposes beyond your individual care, for instance to help with improving the quality and standards of care provided, research into the development of new treatments, preventing illness and diseases, monitoring safety and planning services. This may only take place when there is a clear legal basis to use this information.

Most of the time, anonymised data is used for research and planning purposes so that you cannot be identified, in which case your confidential patient information isn't needed.

You have a choice about whether you want your confidential patient information to be used for research and planning purposes. If you are happy that your information is used in this way, you do not need to do anything.

To find out more or to register your choice to opt out, please visit [www.nhs.uk/your-nhs-data-matters](http://www.nhs.uk/your-nhs-data-matters). On this web page you will:

- See what is meant by confidential patient information
- Find examples of when confidential patient information is used for individual care and examples of when it is used for purposes beyond individual care
- Find out more about the benefits of sharing data
- Understand more about who uses the data
- Find out how your data is protected
- Be able to access the system to view, set or change your opt-out setting
- Find the contact telephone number if you want to know any more or to set/change your opt-out by phone
- See the situations where the opt-out will not apply

**Please note:** The national data opt-out does not impact on the way your confidential patient information is used to support your individual care.

You can also find out more about how patient information is used for Research and Planning purposes at:

<https://understandingpatientdata.org.uk/what-you-need-know> This covers how and why patient information is used, the safeguards and how decisions are made.

You can view or change your national data opt-out choice at any time by using the online service at [www.nhs.uk/your-nhs-data-matters](http://www.nhs.uk/your-nhs-data-matters) or by clicking on "Your Health" in the NHS App, and selecting "Choose if data from your health records is shared for research and planning". Alternatively, please contact your GP if you change your mind about your choices.

Data being used or shared for purposes beyond individual care does not include your data being shared with insurance companies or used for marketing purposes and data would only be used in this way with your specific agreement.

Norfolk and Norwich University Hospitals NHS Foundation Trust has put processes in place so it can assure the application of your national data opt-out choice to any confidential patient information used or shared for purposes beyond your individual care.

The Trust is currently satisfying the national data opt-out policy.

