

**Ophthalmology Directorate**  
**Ocular Plastic Surgery Pre-Op Information**

Operation Date.....

Time you should arrive.....

**Before Your Operation**

- Medication:
  - Take tablets and medication as normal.
  - However, if you are taking Aspirin, Warfarin (or any other blood-thinning medication) you will be asked to contact your GP about stopping this before your operation.
  - Only bring to hospital any medication for angina, asthma or diabetes.

If you require hospital transport for your operation date you will need to book this yourself.in advance with ERS medical on :0333 2404100.Open 24 hours a day, but call must be received before 12 midday for transport required the following day.

**On the Day of Your Operation**

- Have something light to eat and drink before you leave home.
- Wear loose clothing with short sleeves and open neck.
- Do not wear make-up or face creams.
- If you wear glasses, please bring them with you.
- Do not bring in money, valuables or jewellery (other than a wedding ring).
- Seating will be available for you and one escort. Please note that escorts are not routinely permitted during the Coronavirus pandemic.

**On Arrival at the Unit**

- You will be met by a Day Care Nurse.
- You will be seen by a Doctor and you will be asked to sign a consent form.
- The operation is performed under a local anaesthetic (you will be awake).
- The Nurse will be able to give you an estimate on how long your operation will take.
- You may have a pad placed over your eye at the end of the operation. You will be given instructions as to when this can be removed.

- Usually you can expect to be in the Department for approximately 2-3hours.

**If your health status changes or you need to contact us before your operation, please use the telephone number below. Please have your hospital number available.**

**Allies Ophthalmology (secretary) 01603 646280 (answer phone)**

