



Monday

**Tuesday
Thursday
Saturday**

**Wednesday
Friday
Sunday**

Morning

Evening

**B
r
u
s
h

y
o
u
r

t
e**



Our Vision
To provide every patient
with the care we want
for those we love the most

NHS
Norfolk and Norwich
University Hospitals
NHS Foundation Trust

e
t
h

t
w
i
c
e

a

d
a
y

t
o

k
e
e
p

t
h
e
m

c
l
e
a
n

a
n
d

h
e
a
l
t
h
y
!