

Patient Information leaflet for Surgery

Preparation for your admission to hospital

Your safety is very important to us, and we need to ensure that all people attending the hospital site for planned procedures do not have coronavirus (covid-19).

To do this, we are advising **you** to self-isolate for a period of 3 days after having a lateral flow test, before you attend the hospital to minimise exposure risk.

There are some patients who will be advised by their consultant to self-isolate for 14 days before admission, but you will be advised of this on an individual basis.

What does this mean?

Patients who are admitted for elective surgery should have a government issued lateral flow test completed within 72 hours before admission and advised to self-isolate from the time of the test until admission.

You are advised to **self-isolate** and **monitor for symptoms** for **3 days before** you attend the hospital for your planned procedure.

Self-isolation means avoiding situations where you could become infected by other people.

Having a test for Coronavirus before your operation/treatment

A government issued lateral flow test is required to be completed 72 hours (3 days) pre-surgery. To request a free lateral flow test prior to your admission, please telephone 119 or visit:

<https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>

Once you have completed the lateral flow test, please upload the result at <https://www.gov.uk/report-covid19-result> or via telephone 119.

Please bring evidence of your test result, either in text message or email on your admission date.

If you have any queries; Please contact your consultant's secretary via switchboard on 01603 286286.

