

Colorectal Nursing Department

Patient Pathway Information Following Flexible Sigmoidoscopy or Colonoscopy

You will have been given this leaflet because you have had a flexible sigmoidoscopy or colonoscopy investigation of your bowel and biopsies have been taken of the area we are concerned about.

We recognise this is a very stressful and worrying time for you and your family. We would like to reassure you we are here to help and support you. The Colorectal nursing Team are here to support you and your family through your pathway and answer any questions you may have.

One of the Colorectal Specialist Nurses will contact you by telephone. We will:

- Arrange a CT (Computerised Tomography) scan of your chest, abdomen and pelvis.
- Complete a blood test.

You may also need an MRI scan of your pelvis (magnetic resonance imaging) which we will arrange if required.

Once we have all the scan reports and biopsies back from your bowel investigations we will discuss your case at the Colorectal Multi-disciplinary Team meeting (MDT), and a treatment plan will be put in place.

The MDT takes place weekly on Wednesday mornings and includes: Colorectal Surgeons, Oncologists, Radiologist, Histopathologist, Colorectal Specialist Nurses, and an Oncology Specialist Nurse.

You will receive an Outpatient appointment to discuss all the results and treatment plan specific for you, with the Consultant (Doctor). You may wish to bring a relative or friend to your outpatient appointment.

It is a good idea to write down any questions you may have and bring with you. One of the Colorectal Specialist Nurses will also be at your Outpatient appointment.

The Colorectal Specialist Nurse will spend some time with you after you have spoken with the Consultant. They will go over your treatment plan in more detail and answer any further questions you may have.

You will be given written information for your treatment plan and you may also receive further appointments as part of your pathway.

If you have any questions concerning any of the above, please contact one of the Colorectal Specialist Nurses who are available Monday to Friday 9.00 to 5.00 (excluding weekends and bank holidays) on **01603 287828**.

