

THE **Pulse**

Issue Number 77
Spring 2016



Our Vision
To provide every patient
with the care we want
for those we love the most

Norfolk and Norwich University Hospitals



NHS Foundation Trust

**Inside: First in
UK for breech
baby scanners
p 9**

**Also, NNUH's five
year strategy
pp 6–7,
and UK first for eye
surgery p10**



NORFOLK AND NORWICH UNIVERSITY HOSPITAL

Colney Lane, Norwich, Norfolk NR4 7UY

Tel: 01603 286286 www.nnuh.nhs.uk

Main Restaurant West Atrium, level 1 open
Daily from 8:00 to 1:00

Café Bar Outpatients East. Mon- Fri open from
7:30am to 16:30

Little Costa Outpatients West Mon - Fri open
from 7:00 to 18:00

POD: Plaza east open Mon - Fri from 7:00 -
20:00 Sat 9:00 - 18:00

Cafe Pure (inside WH Smith, Plaza West) open
Mon-Fri 7:30-18:00, Sat 9:00 - 16:00 and Sun
10:00 -15:00

WRVS shop East Atrium: open Mon-Fri 8.00-
20:00 and weekends 10:00 - 18:00

WH Smith Plaza (West) - see Cafe Pure, above

The Stock Shop (ladies' fashions) open
Mon-Fri 9:00 -17:30 and Sat 12:00-17:00

Cash Machines can be found in the East
Atrium, Level 2, WH Smith and the Restaurant

Lost property 01603 287468 or ext 3468

Patient Advice and Liaison Service (PALS)

For confidential help and advice call 01603
289036 / 289045

Chapel Open to all. For details of services or to
contact the Chaplains, call ext. 3470

CROMER HOSPITAL

Mill Road, Cromer NR27 0BQ, Tel: 01603
646200

OTHER HOSPITAL DEPARTMENTS

- **Cotman Centre**, Norwich Research Park:
- **Innovation Centre**, Norwich Research Park:
- **Norwich Community Hospital**, Bowthorpe Road, Norwich NR2 3TU
- **20 Rouen Road**, Norwich, NR1 1QQ, ext. 6954

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The Pulse is funded entirely from charitable
donations and not from NHS funds. Norfolk and
Norwich University Hospitals NHS Foundation
Trust Charitable Fund. Registered charity number
1048170.

Letters

*You recently performed an
Angioplasty on me in your unit on
Thursday 18 Feb 2016.*

*I am just writing to say that I cannot
praise you and your team enough
for the way you treated me. I am not
referring to the angioplasty, but to the
kindness, understanding, and respect
that you paid me during my short stay.*

*I was very anxious when I arrived
as it was the first time I had been into*

*hospital since 2006, at which time my
dear husband, whom I lost 5 years ago,
was by my side.*

*When I arrived at your unit, being on my
own made me feel very vulnerable and
sad, however, I needn't have worried as
from the time I arrived to the time I left,
you and your colleagues made me feel
special. I am now on the mend so a good
job done. Thank you so much.*

Yours Sincerely
Mrs Linda Howard

Dear Mr Davies

*I feel compelled to write to you
concerning my/our recent experiences
of the NNUH and A&E in particular.*

*My wife was admitted via ambulance
to NNUH A&E on 26th November 2015
with undefined symptoms but those
indicative of stroke or TIA. From her
first arrival and throughout the 12
hours we had nothing but the best of
care from all grades of staff from HCA
to Consultant.*

*A doctor had the unenviable task of
giving us the news of a tumour. He
had the measure of us completely and*

*imparted what we now know to be the
case factually and compassionately as
best he could. We could not wish for more
or better.*

*At all times we were kept informed of
what was happening and felt that we
mattered and were not just another name
on the board so to speak. As a recipient
of emergency treatment with uncertain
outcome that counts for a great deal in so
many ways.*

*We are eternally grateful for their care,
compassion and understanding.
I/we could not fault the care we received
that day.*

Social media

*@NNUH please pass on my thanks to
the staff of the Arthur South Day Unit.
They were awesome!*

Gary Owen (Twitter)

*A big thank you to all the staff who
cared for me this week, those in theatre
and on Denton ward.*

Roger Evans (Facebook)

*I've just spent a week on Gissing ward
following an op and received the best
possible care. From the top consultants
to the nurses who always have time for
you. Thank you.*

Sheila Whitehouse (Facebook)

*I just wanted to say a massive thank
you to all the staff in A&E, Acute
Medical Unit and Kilverstone ward
who looked after my Dad. We couldn't
believe how helpful, caring and
informative everyone was. Thank you!*

Samantha Langley (Facebook)

*I would really like to thank the skillful
caring doctors and staff @NNUH
oral surgery department. You are all
amazing!*

Frances Blickley (Twitter)

*Please send your contributions, comments and suggestions to
communications@nnuh.nhs.uk or to Communications, NNUH,
Colney Lane, Norwich, NR4 7UY*

Norfolk patients benefit from new eye clinic

Eye clinic services are being expanded by the Norfolk and Norwich University Hospital at Grove Road Norwich, after the central Norwich eye clinic opened in February this year.

Additional nurses and optometrists were recruited to meet the increasing demand for eye care. The new clinic is set to treat patients with conditions such as glaucoma, wet aged-related macular degeneration and those needing minor eye surgery. The NNUH eye service is one of the busiest in the country seeing over 100,000 patients each year.

Mr Colin Jones, Ophthalmic Consultant and Clinical Director of Ophthalmology at NNUH, says: "With an ageing population the demand for eye care is increasing and the new clinic will boost capacity, enable patients who live in the city itself easier access to care, and help us to provide a timely service for our patients.

The building has been refurbished to create three clinic rooms, each



Pictured above: Grove Road Eye Clinic

with new equipment. The mobile eye screeners will also see patients at the new clinic.

NNUH has worked with Novartis to develop the new facilities. The company works jointly with the NHS to develop accessible and high quality eye services across the country.

The expansion of our services with a marvellous new Eye Clinic at Grove Road (on this page) is an important and welcome



development for our patients. This will enable us to meet the increasing demand from our patients and continue to provide the public an excellent service.

This is just one of our initiatives to expand our capacity which is vital for NNUH with the consistent and continual rise in our patient numbers. Information published by Norfolk County Council shows that the over 50s population will continue to grow considerably. Increasing our capacity is the key focus of our five year strategy (here on pages six and seven) to make sure that we provide the services that our community needs.

The immediate focus of our strategy during the next three years includes the creation of capacity through the Ambulatory Care and Diagnostic Centre, and the configuration of the "front door" with the right space for Majors and for children's services. Equally pivotal in our plans to meet the changing needs of our population is the right investment in our clinical facilities and working more closely with partners in Norfolk through the Norfolk Provider Partnership.

It will be the NNUH staff who will make these plans successful through their hard work, innovation and commitment that we can all see in our hospitals every day.

It is with particular pleasure that we launch the 2016 Staff Awards in this issue of *the Pulse* (on this page). The Staff Awards which are presented at an event in the Forum in October, provide us all, whether we are staff or a member of the public, with a great opportunity to nominate a staff member for their dedication and going the extra mile.

JOHN FRY

Chairman, Norfolk and Norwich University Hospitals NHS Foundation Trust

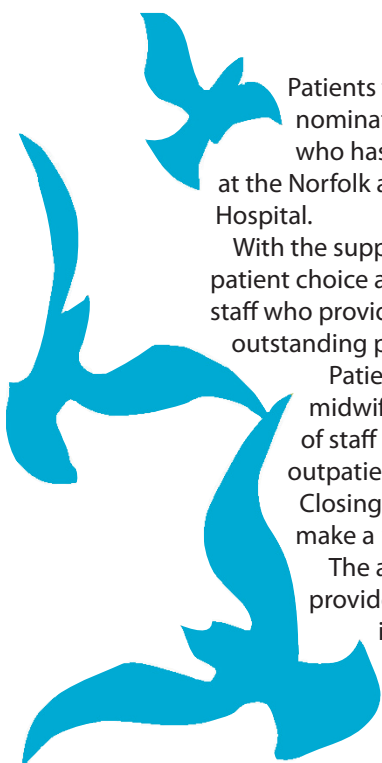
Nominations open for Staff Awards 2016!

Patients from across Norfolk are being asked to nominate the health professional or hospital team who has gone the extra mile in providing their care at the Norfolk and Norwich University Hospital or Cromer Hospital.

With the support of the *Eastern Daily Press* the annual patient choice award enables us to recognise those staff who provide exceptional patient care, kindness or outstanding professional expertise.

Patients can nominate any nurse, doctor, midwife, therapist, receptionist or other member of staff who looked after them during an outpatient visit, day treatment or hospital stay. Closing date for nominations is 31st May 2016. To make a nomination visit: <http://www.nnuh.nhs.uk>

The awards are sponsored by Serco which provides a range of services at the NNUH, including catering and cleaning.



Our thanks to...

Fred's Shave for Weybourne Day Unit



Fred Hopkins, with support from Langley Grange & Burlingham Estate Shoot has raised £2250 to go towards our Weybourne Day Unit refurbishment fund.

Get Sporty for Charity!

Special mention to all our supporters who are taking part in any sporting event in the next few months from half marathons locally to the various marathons and bike rides around the UK to name but a few active fundraisers. Good luck!

Reminder: Why not sign up for our NNUH Bike Ride 2016 on 11th September 2016 and raise money for your favourite ward or department? Go to www.nnuhtoursportive.co.uk.

Will one of our London Marathon Runners be the 1,000,000th runner?

Taking part and joining our own Director of Nursing Emma McKay will be Ricky Martin (Technical Director of Norwich City Football Club) running for our Skin Cancer Fund; Kirsty Lewis, Ward Manager running for the Acute Medical Unit (AMU) ward and Beverley Sneezum (patient) running for cardiology.



More news of how they did in our next edition.

If you would like to support the hospital charity then please contact Louise Cook on 01603 287107 or email fundraising@nnuh.nhs.uk

Corporate Support for Hospital Charity



Pictured above: Grant Thornton with the Eagling family and NNUH staff

We are delighted that three companies have recently decided to support our hospital charity.

Financial and business advisors **Grant Thornton** is supporting the specialist intensive care unit for babies following the experience of Steve and Becca Eagling who both work at the Norwich office and found out first-hand about the unit's incredible work after the birth of their son James.

Royal Bank of Scotland mortgage operations centre in Norwich has also chosen to support our NICU Fund as their local charity of the year for their 2016 fundraising efforts.

In February we also received corporate support from **Ashton KCJ, Lees Accountants** and **WDM Group** who collectively donated £1,250 towards our Jenny Lind Playground Appeal. The hospital launched its playground appeal in May 2015. Kiron Chavda, Group Managing Director from WDM Group Ltd said: "When we heard about the playground fundraising appeal we wanted to get involved as this is such a good cause and close to each of our hearts. We are very lucky to have this wonderful children's hospital in Norfolk which does so much for so many children and we are delighted to be a part of the new playground project."



Pictured above left to right: James Tarling, Jenny Lind Matron Emma Dolman and Kiron Chavda

Open Garden and Concert

We have two wonderful events coming up in 2016 which you may wish to support.

Furze House Gardens, based in Rushall near Diss, is a two acre garden created over the past five years by Philip and Christine Greenacre. The garden will be open to the public for two weekends – 4-6th June and 20-22nd August in addition to private tours by appointment throughout the year with all

monies going to the hospital charity. Contact Philip on 01379 852 375 for more information.

On Saturday 13th August, Mike Wallace and Tommy Loose will be performing a collection of music at the NNUH Benjamin Gooch Theatre raising money for Oesophageal Cancer. Tickets will be £5 and more information

can be found by calling Mike on 01462 420400.



We are sorry not to be able to mention everyone who has helped or supported the hospital charity but we are truly grateful for all your support.

Meet the new Deputy Director of Nursing



Pictured above: Padraig O Luanaigh, Deputy Director of Nursing

Padraig O Luanaigh, known as Paddy, has joined NNUH as the Deputy Director of Nursing. He has previously worked across the UK and Scotland and returns from four years in Brisbane, Australia where he was

a Director of Midwifery and Nursing for the Queensland Department of Health.

Paddy is a registered nurse, midwife and health visitor and has worked in a number of roles in health care, education and government policy.

He has published on a range of topics and is recognised for the internationally successful text book he edited on midwifery and public health. He is currently writing a new text book on nursing which is due for publication in 2017. While working for the Queensland Department of Health, Paddy led policy developments to support the optimising of nursing and the implementation of primary care midwifery and maternity services.

Paddy says: "I am excited about having the opportunity to live in Norfolk as it is one of the few places I haven't lived before! I'm committed to providing excellent health services and want to make a difference."

New governors join NNUH

We have four new governors representing patients and the public in Norfolk following an election held before Christmas.

Erica Betts - Public Governor for Breckland.



Erica used to work as the Advocacy Coordinator for Age UK, Cheshire representing people with dementia and is presently Treasurer and

Committee member of Breckland Older People's Forum.

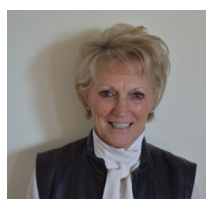
Nina Duddlestone - Public Governor for Breckland.



Nina is a retired nurse of forty years' experience in both secondary and primary care. She has lived in

Breckland for thirty years having moved to Norfolk as the wife of a serviceman.

Janet King - Public Governor for Broadland.



Janet has lived in Norfolk for 75 years and knows Norwich and Norfolk extremely well. She wanted to be a governor because all her

experiences with the NHS have been incredible.

Peter Kemp - Public Governor for Norwich.



Peter has in-depth and a wide range of knowledge of the NHS as an ex-nursing assistant, hospital social worker and health lecturer.

Dates for your diary

Medicine for Members talks

- Stay Safe in the Sun - 6pm to 8pm on Wednesday 11th May. Experts will give advice on how skin cancer occurs, what to look for, how you can protect your skin and what treatments are offered.
- World Blood Donor day - 6pm to 8pm on Tuesday 14th June. Find out more about how blood is collected, the role of the laboratory and how we treat patients needing a transfusion.

Other Events

- Summer Fete 18th June
- Cromer Hospital Fete 2nd July
- NNUH Bike Ride 11th September
- AGM 23rd September 6pm
- Cromer Hospital Open Day 8th October

Trust Board meetings

- 27th May 9am - 11am
- 22nd July 9am - 11am
- 23rd September - 9am - 11am

Council of Governors

- 26 April 3pm-5pm
- 25 July 10am-12pm
- 29 Sept 6pm - 7.30pm Annual General Meeting in the Benjamin Gooch Lecture Theatre
- 25 October - 10am to 12pm

All meetings above are held in the Boardroom at NNUH. As space is limited, please contact the membership office if you wish to attend on 01603 287623 or email communications@nnuh.nhs.uk

Five year Strategy



“The new planned Ambulatory Care and Diagnostic Centre for day case surgery and diagnostics will help to create much-needed capacity.”

Pictured above: Mark Davies, NNUH Chief Executive

An outline strategy for NNUH for the next five years has been finalised, after consultation, and approved by the Trust Board. This strategy (see opposite page) responds to the challenges that the NNUH faces both in the short and long term, and to guide the Trust’s direction and development, the strategy defines our five year objectives and captures NNUH’s purpose as follows:

- A provider of high quality healthcare to our local population
- The centre for complex and specialist medicine for Norfolk and East Anglia
- A recognised centre for excellence in research, education and innovation
- A leader in helping redesign our health and care system to better align it to the needs of our population

Plans include increasing capacity on site including ambulatory care

and new models of care, better links with other hospitals, and improving the care of the frail elderly, to information systems and management and capital planning.

Mark Davies, NNUH Chief Executive said: “The new planned Ambulatory Care and Diagnostic Centre (ACAD) for day case surgery and diagnostics is key in our strategy and will help to create much-needed capacity. This will have enormous benefit for our patients and our staff. We will be able to take some services out of the main hospital to create the space and movement that we need to deal with demand to allow staff to plan activity and for more patients to be seen more quickly.

“Our patient numbers are growing all the time and it is our responsibility to provide our patients with a high quality and timely service. To do this the new planned

Ambulatory Care and Diagnostic Centre will be vital.

“Our plans to redesign the front door (the Emergency Department) of the hospital, to invest in our clinical services and to work more closely with Norfolk partners are equally important.”

NUH 5 year strategy

Our Purpose

A provider of high quality healthcare to our local population

The centre for complex and specialist medicine for Norfolk and East Anglia

A recognised centre for excellence in research, education and innovation

A leader in helping redesign our health and care system to better align it to the needs of our population

Our Challenges

Like most healthcare organisations we face challenges:

• Providing for the changing needs of our population

• Seeing more patients with long-term conditions with multiple needs and more complex arrangements around their discharge from hospital

• The need to innovate to provide new specialist treatments and procedures

• A difficult financial climate.

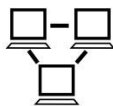
• Challenges in recruiting some staff



Our five year objectives



• Develop a new ambulatory care day facility to expand capacity for outpatient, diagnostic and day surgery services



• Introduce an Electronic Patient Record across the organisation



• Develop services at Cromer Hospital



• Support the Divisions to eliminate waste and duplication



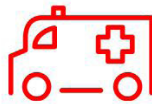
• Achieve a 24 hour seven days a week acute hospital service



• Maintain and strengthen our tertiary (region wide) specialist services



• Become a recognised centre of excellence for stroke, heart attack and cancer services



• Improve the capacity of our A&E service and ensure it remains the county's major emergency and trauma centre



• Develop a stronger research culture and give staff time to pursue research and education



• Strengthen our partnerships within Norwich Research Park, including development of the Quadram Institute



• Work more closely with our Norfolk hospital and community partners, through the Norfolk Provider Partnership



• Develop our work with primary care and social services to improve how we look after patients with long-term conditions, and to reduce delayed discharges and emergency admissions

➔ What happens next? ➔ Our three year priorities ➔



• Designing and developing a new day facility for outpatient appointments, diagnostic and day surgery services



• Improving the capacity of the hospital's front door, including appropriate space for dealing with major emergencies and children's services



• Investing in our clinical facilities, including cardiology, radiology, stroke and cancer services



• Working with partners in Norfolk to help ensure a better co-ordinated safe and timely discharge of frail older patients from hospital

If you have any comments or feedback on our plans please get in touch by e-mailing communications@nuh.nhs.uk

Doctors of the future need your help

Patients who attend NNUH are being asked to take part in sessions to teach medical students.

Around 800 students studying medicine at the University of East Anglia take part in clinical teaching at NNUH every year. One of the elements of this are the structured patient teaching sessions.

The sessions are run by NNUH consultants in the brand new Bob Champion Research and Education Building which is on the edge of the hospital site. These sessions enable groups of students to watch and practice their patient consultations. For example, students take the patient's history and learn how to examine them under supervision of a senior doctor.

Patient participation is voluntary and a minimum of two patients are required for each session. Patients can attend as many or as few sessions as they would like. Sessions last from between 1.5 and 3 hours and patients receive reserved parking, expenses and light refreshments.

Dr Lesley Bowker, Clinical Skills Director, said: "To be involved, patients need to have previous or ongoing care at NNUH but be currently reasonably well in

themselves. Not all patients will be suitable for teaching – some patients might be too complex. We are looking for people who have long term, manageable conditions, particularly if they have stable clinical signs such as a heart murmur, joint problems, skin lumps or rashes. If patients are interested they can ask their doctor if they would be suitable to help teaching at their next appointment, or they can contact the Clinical Skills Resource Area directly."

Dr Bowker added: "It's so important that the students have this dedicated time to interact with patients in a special environment away from the intensity of the hospital wards and clinics. These students are our doctors of the future and learning from patients is of immeasurable value in helping to shape the knowledge, skills and attitudes for their future careers."

Patient Paul Bronne from Norwich has volunteered to take part in teaching. He said: "I wanted to help out because I wanted to give something back to the hospital to say thank you for all the care I have received over the years."

I enjoy taking part; it's nice to meet the students and I have come

Can you help?

Patients are needed to help support structured patient teaching sessions across the following specialties during April, May and June:

- Rheumatology and Orthopaedics
- Haematology and Dermatology
- Cardiology, Vascular and Stroke/Medicine for the Elderly (OPM)
- Respiratory Medicine
- Endocrinology and Diabetes, Renal and Urology
- ENT, Ophthalmology and Neurology
- Gastroenterology

away from several sessions learning new things about myself and my condition."



Pictured above: Dr Simon Lines with medical students assessing a patient

If you would like to be involved please speak to your clinician or call Caroline Coombs, UEA School of Medicine Administration Assistant on 01603 286618 or email Caroline.Coombs@nnuh.nhs.uk

First in the UK to offer scans to spot breech babies

Pregnant women coming to the Norfolk and Norwich University Hospital are the first in the UK to be offered an ultrasound scan to help spot breech babies before they are born.

NNUH delivers 6,000 babies a year including around 150 full term breech babies. It has now been given funding under an NHS safety campaign to provide 25 hand held scanners that mean safer births for women who had no idea their baby was not in a head down position.

As part of the pilot scheme 190 midwives at NNUH are being trained to use and interpret the scanners. A scanner will be put in every delivery room and two on the ante natal ward and midwife led birthing unit.

Jo Keable, Practice Development Midwife, explained that the midwife's skill at 'palpating' or feeling for the baby's position is 70% effective. Having the scanners would result in 100% effective diagnosis of any breech problems. A late diagnosis during labour that the baby is in a breech position leads to more emergency caesarean sections and other problems.

"We will be scanning all the women arriving during labour and those who come in for induction. When we discover a breech early on it means a woman can speak to an obstetrician and discuss options in relation to their individual needs. Some of them can go on to give birth normally and others may decide to have a caesarean."

Jo went on to explain that babies normally turn head down ready for birth around 33 weeks. If they haven't turned by labour then the birth can be more difficult and more distressing for the baby.

Consultant Obstetrician Martin Cameron said: "We are delighted to be successful in bidding for this project. It's a real opportunity to improve the care of women giving birth at the NNUH. Until now we have had abdominal palpating as

a screening test, the scanners will provide an effective diagnostic test.

"As we are a pilot our results will be studied to see how successful we are in assessing the breeches and we will be publishing our results nationally and internationally."

**NNUH delivers
6,000 babies a year
including around
150 full term
breech babies.**

Jo was recently invited to the Department of Health as part of Sign Up To Safety Week to give a presentation on the breech scanners project. The event was attended by



Ben Gummer, Parliamentary Under-Secretary of State for Health, and 150 delegates from all levels of the NHS.

"People were very interested and there was good feedback from other heads of midwifery. I also sat on a panel for a Q and A session", said Jo.



Pictured below: Midwife Sarah Peak conducting an ultrasound

Eye surgery is first in UK

A woman with rare tear duct cancer with a hole in her face has had a unique operation carried out thanks to a Norwich and Ipswich surgeon working together.

The operation, understood to be the first one of its kind to be successful, involved a flap of skin from the middle of the nasal lining being created on the inside of Linda Tregidon's nose and an outer flap of skin from the forehead joining on the outside.

The result of the operation carried out at NNUH has delighted Linda, from Hadleigh in Suffolk, who at one time feared she would lose her eye.

Linda explained that she went to the opticians with watery eyes and was sent to Ipswich Hospital to have her tear ducts flushed. But a biopsy showed she had cancer of the tear duct with two tumours.

The tumours were removed by Norwich surgeon Bijan Beigi at the NNUH in early December. That was followed by 30 sessions of radiotherapy over six weeks at Ipswich Hospital. Unfortunately Linda suffered a recognised side-effect and the hole – about the size of a £2 coin- appeared at the side of her nose.

So, Mr Bijan Beigi and his Ipswich colleague Mr Matthew Yung, an ENT surgeon, who had both run courses together for 15 years, decided to



Pictured above: Mr Beigi operating in Theatre

“It has been a very positive experience”

On the day she had her stitches removed a delighted Linda said she was positive during her treatment that she knew she had the best, “Mr Beigi and Mr Yung have been amazing”. She added that the skin that had been grafted would be smoothed out later.

Linda was full of praise for her treatment she said: “There have been very little downsides; it has been a very positive experience.”

Linda has also had the good news that there is no evidence of a recurrence of the disease and so she and her husband, Dave, are busy planning a big holiday.

Mr Beigi said he was very pleased with the result and could not find any other occasion the two flaps have worked like this. They now plan to write it up for their medical journals.



Pictured above: Linda after the operation

collaborate, unusually using both flaps.

Mr Beigi, a complex oculo plastic and reconstructive surgeon explained: “We have called it the Norwich flap and the Ipswich flap. They have not been used together in this way before. Sandwiching them together means the inside one supports the outside flap of skin and then it will grow its own circulation and the graft can survive.”

He said he was really pleased with the way the two and a half hour operation had gone, and took out the stitches just before Christmas.

NNUH marks World Cancer Day

To mark World Cancer Day on the 4th of February, NNUH held an event for the public with information stands.

The Radiology department gave people the chance to learn how Radiotherapy is delivered using their interactive 3D Virtual Environment for Radiotherapy Training (VERT) machine, there was entertainment from the Shades of Pink cancer choir and talks from Head of Radiotherapy Mark Gilham and leading Oesophagogastric Cancer Consultant, Ed Cheong.

The event, which ran from 11am - 3pm, was a great way to find out what support, treatment and information is available at the hospital whilst also donating to the cancer charitable funds.

Jennifer Garioch, NNUH Dermatology Consultant, explains why action is needed: "The advances in cancer treatment have dramatically changed the service and treatments we are able to offer our patients. At NNUH, we are very fortunate to be leaders in the diagnosis, treatment and research of cancer but this doesn't mean we should be complacent as there is still more to do. As a dermatology consultant, I see the importance of detecting and treating cancer early and think the event was a great opportunity for the people of Norfolk to find out more about the range of treatment options, support and research happening at the hospital."

Charitable funding plays an important role in ensuring that staff can deliver a level of care that is over and above what the NHS alone can fund. Thanks to the generous support of grateful patients, their families, staff and the local community, the hospital charity continues to fund state-of-the-art equipment, and cancer research studies.

Louise Cook, NNUH Fundraising Manager said: "The event was a great way to showcase the range of services on offer at NNUH whilst also allowing people the chance to support the local charity by finding



Pictured above: Radiotherapy student demonstrating the VERT system. Photo credit: Archant

out the various fundraising schemes currently available, many close to people's hearts."

If you would like to support the hospital charity then please contact Louise Cook on 01603 287107 or email fundraising@nnuh.nhs.uk

DID YOU KNOW?

- Someone in the UK is diagnosed with cancer every two minutes
- NNUH sees approximately 4,200 new cancer patients each year
- NNUH is one of the busiest cancer centres in the country

Big C Open Afternoon

The Big C Cancer Support and Information Centre here at the NNUH celebrates its tenth birthday in May. The Centre has reached more than 100,000 visits. To celebrate, the charity will be holding an open afternoon on Wednesday 18th May with displays spanning their history, information about the Centre and the Big C Charity as well as a birthday cake.

Manager Jill Chapman says: "We would like anyone who hasn't yet visited and would like to know more detail of what we do to come and see us".

Anyone can visit during the afternoon from 1:30pm - 4:30pm.

Name announced for new building



Pictured above: Proposed Quadram building structure

The Quadram Institute is the name of a new centre for food and health research to be located at the heart of Norwich Research Park - one of Europe's largest single-site concentrations of research in food, health and environmental sciences.

Building the new £81.6m facility to house the Quadram Institute began in February, with an anticipated opening in 2018.

The initial investment for the Quadram Institute is being provided by the Biotechnology and Biological Sciences Research Council (BBSRC) together with its three Norwich-based partners - the Institute of Food Research (IFR), the Norfolk and Norwich University Hospitals NHS Foundation Trust (NNUH), and the University of East Anglia (UEA).

The Quadram Institute will integrate research teams from the IFR, and UEA's Faculty of Science and Norwich Medical School with the Norfolk and Norwich Gastroenterology Centre under one roof.

NEWS FROM CROMER

Cromer Hospital receives a new visitor



East Anglian charity, Break, has kindly provided one of their Go Go Dragons to Cromer Hospital on a long term loan following their successful trail event in Norwich in 2015.

The Bittern and Wherry Dragon, designed and created by renowned local artist Phil Daniels from Cawston and sponsored by Abellio Greater Anglia, depicts the Wherry and Bittern train lines passing through North Norfolk showing the coastal scenery.

The Bittern and Wherry Dragon is now brightening the Hospital Atrium to greet all of our patients.



WELCOME

...to the following who recently joined the Trust: **Luaie Idris** (Consultant); **Dr Tarek Kherbeck** (Consultant); **Dr Dilusha Lamabadusuriya** (Speciality Doctor); **Dr Eleni Tsiouli** (Consultant); **Mr Camilo Valero** (Speciality Doctor);

FAREWELL

...to the following long-serving staff who have recently left the Trust:

Rosalyn Proops, Consultant (19 yrs); **Keith Walters**, Consultant (20 yrs); **Ruth Vaughan**, Physiotherapist (20 yrs); **Christine Callaghan**, Healthcare Assistant (21 yrs); **Jennifer Wimperis**, Consultant (21 yrs); **Carol Greef**, Midwife (25 yrs); **Louise Hunt**, Deputy Sister (25 yrs); **Michelle Colman**, Technician (26 yrs); **Judith Applegate**, Specialist Nurse Practitioner (27 yrs); **Glynis Moore**, Head of Midwifery

(28 yrs); **Annette Baker**, Staff Nurse (29 yrs); **Wendy Evans**, Midwife (35 yrs); **Anne Brazier**, Specialist Nurse Practitioner (36 yrs) and **Corinne Ellis**, Specialist Nurse Practitioner after 38 year's service.