

## Radiology Department Ultrasound Information Leaflet

### Why do I need an ultrasound?

An ultrasound is a picture of the inside of your body.

Your doctor has asked for you to have an ultrasound scan.

It will help them work out how to help you



### What happens during the ultrasound?

Warm sticky jelly will be put onto the part of your body that is being scanned.

The person who does your scan will put a small sensor on your skin over the jelly.

The sensor is moved over your skin and pictures of your body are sent to a computer.



### Is the ultrasound painful?

The scan does not hurt. You may feel some discomfort when the sensor is pushed on your skin, but it should not be painful.

Ultrasound scans are very safe



## Can I bring someone with me to the ultrasound?

You can bring someone with you to your ultrasound scan. They may be able to come into the room with you.



## Can I eat and drink before the Ultrasound?

Your letter will tell you if you can eat or drink before your scan.

You may be asked to drink lots of water and not have a wee until after the scan. You will be told this in your appointment letter.

If you are **diabetic**, please call the number on your appointment letter so that we can give you an appointment at a suitable time.



## What happens afterwards?

You can return to the ward or go home.

The person doing your ultrasound will talk to your doctor about the results



## Students and teaching

There may be students watching the ultrasound.  
If you do not want this, please tell us.

We may use the ultrasound for teaching. You  
cannot be identified from the ultrasound.



## Questions?

Speak to the doctor who asked you to have this  
scan, or call us on 01603 288469 for more  
information.

Email [nnu-tr.ultrasound@nhs.net](mailto:nnu-tr.ultrasound@nhs.net)

