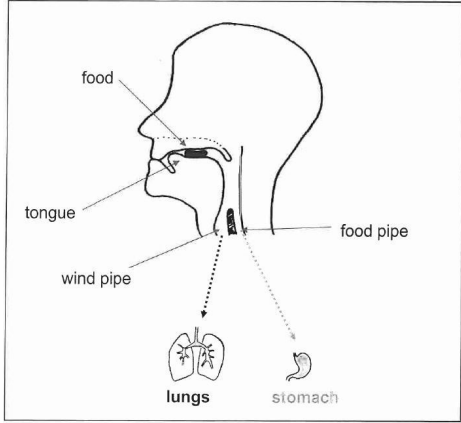





Speech and Language Therapy Department

Having a PEG tube

<p>What is a PEG tube?</p> <ul style="list-style-type: none"> • A PEG is a feeding tube that is placed into your stomach. • It is a way of getting food, fluids and medicines in to your stomach. 	
<p>Why do I need a feeding tube?</p> <ul style="list-style-type: none"> • Due to problems with your swallowing there is a risk of food and drink going the wrong way and in to your lungs. • This is known as 'aspiration'. • If food and drink goes in to your lungs it may cause a chest infection and make you very poorly. 	
<p>What are the benefits?</p> <ul style="list-style-type: none"> • Safer feeding. • More comfortable. • Less noticeable. • Less likely to come out than a tube in your nose. • Helps maintain your weight. 	
<p>What are the risks?</p> <p>It is unlikely that things will go wrong. Things that could go wrong are:</p> <ul style="list-style-type: none"> • Infection. • Bleeding. • Breathing problems. • Bowel problems. 	
<p>Before you have the feeding tube</p> <ul style="list-style-type: none"> • You will see a doctor or nurse to make sure you are well enough for the tube. • You will have a blood test. • They will look at your stomach. 	

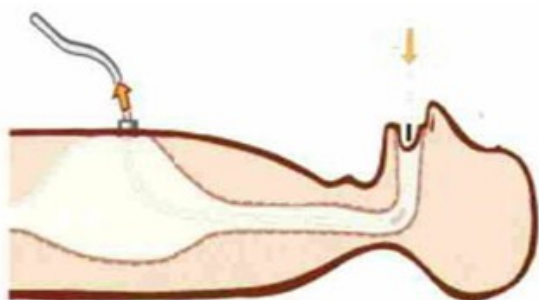
On the day of the Procedure

- **Do not eat and drink** by mouth for **6 hours before**.
- You **can** have **water** up to **2 hours** before if you can **swallow safely**.
- Your **doctor** will tell you which **medications** you can take.
- If you are being **fed by tube** this will be **stopped 6 hours before**.
- You **can** have **water** through your tube up to **2 hours** before.



What happens when you have a PEG?

- It takes about **30 minutes**.
- You will have the feeding tube in **hospital**.
- You will have a **local anaesthetic** and **sedative**.
- You will be **awake but sleepy**.
- A doctor passes the **tube** through your **mouth** and **food pipe** down to the **stomach**.
- A **small cut** is made in the **skin** in your **stomach**.
- Then the tube is **pulled out** from the **stomach**.



30 minutes

Will it hurt?

- You may have **pain** in your **stomach** **after** the tube is put in.
- You will be given **painkillers** to help.



What happens next

- **First** you will have **water** through your tube.
- **Liquid feed** will then be started.
- The **dietitian** will **talk** to you about your **feed**.
- The **dietitian** will **teach** you how to **use the**



Will I be able to eat and drink?

- The **Speech and Language Therapist** will **test your swallow**.



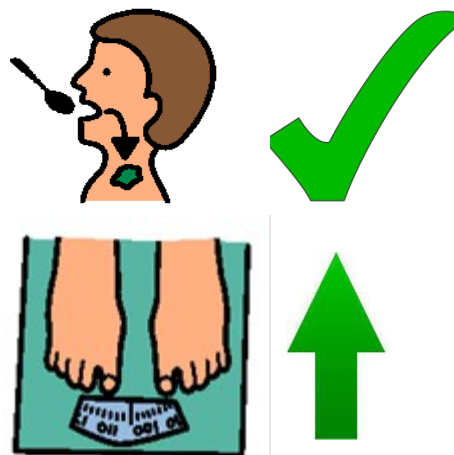
Can I go home with the tube?

- You may be able to go **home** with your tube.
- You will need **someone** to **help** you.



Will the tube be removed?

- The tube can be **removed** if your **swallowing improves**.
- If you are **eating and drinking well**.



Questions?

Speak to your **Speech and Language Therapist** or call on **01603 287117**.

Speak to your **Dietitian** or call on **01603 287011**.

Speak to your **Nutrition Nurse** on **01603 287159**.

