

## Trabeculectomy Pre-Operative Information

Please attend: The Eye Department, Allies Ophthalmology Department, Cromer Hospital. Seating available for patient and one escort

### Before Your Operation

- Take tablets and medication as normal. (Including eye drops)
- However, if you are taking Aspirin, Warfarin or any other blood thinning medication, please make sure you inform us as these may need to be stopped or altered 2 weeks before surgery.
- Only bring to hospital any medication for angina and asthma
- Wear comfortable clothing and have something to eat and drink before you leave home. Please do not wear any make-up
- Please bring your glasses with you
- Do not bring in any unnecessary money or valuables
- **If your health status changes or you need to contact us before your operation, please telephone the number below. Please have your hospital number available.**

**Allies Ophthalmology (secretary) 01603 646280 (answerphone)**

### Day of your Operation

- On arrival at the unit you will be admitted by a nurse.
- You will be seen by the doctor who can answer any questions you may have. You will be asked to sign a consent form.
- A nurse will accompany you to and from the theatre and hold your hand during the operation. This is not just for comfort but as a line of communication between you and the doctor.
- During the operation you will be on a reclining operating chair and should keep your head as still as possible.
- The operation is performed under a local anaesthetic and usually takes between 45 and 60 minutes
- Once back in the patient waiting area you will be given refreshments whilst waiting to be discharged.

- You will be provided with new eye drops and follow up appointments.
- Please remember to have these items at home to use after the operation:
  - cotton wool pads
  - narrow paper surgical tape for securing your eye shield
  - mild analgesia (paracetamol)

