

**Speech and Language Therapy
Department
Videofluoroscopy
Information Leaflet**

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| <p>Why have I been referred for a videofluoroscopy?</p> <p>You have been referred because you have a swallowing problem.</p> <p>The videofluoroscopy is an X-ray of your swallow. This will help the Speech and Language Therapist decide if food and drink is safe for you.</p> | |
| <p>What happens during the videofluoroscopy?</p> <p>The X-ray will take place in the X-ray department in the hospital.</p> <p>It will take 15 minutes</p> <p>You will sit in a wheelchair</p> <p>You will be given water, yoghurt, banana and biscuit to eat and drink. It is mixed with barium so it shows up on the X-ray. If you are allergic to these foods please tell us.</p> <p>X-ray pictures will appear on a monitor and show us how well you are eating and drinking.</p> | |

Is the X-ray painful? Is the X-ray safe?

The X-ray does not hurt.

The amount of X-rays and food and drink that you are given is carefully controlled.

Some food and drink may go the wrong way. Very rarely this might be a large amount. If this makes you unwell, we will get medical help.

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| <p>If you are pregnant please tell us.</p> | |
| <p>Can I bring someone with me to the X-ray?</p> <p>You can bring someone with you. They will need to stand behind a glass screen.</p> | |
| <p>Can I eat before the X-ray?</p> <p>You can eat and drink as normal before the X-ray, unless told otherwise.</p> <p>If you have a feeding tube, you can have your feeds as normal.</p> | |
| <p>What shall I bring with me to the X-ray?</p> <p>Please bring any special cups or cutlery you use and your dentures.</p> | |
| <p>What happens afterwards?</p> <p>You can return to the ward or go home. The Speech and Language Therapist will give you some information after the X-ray.</p> | |
| <p>Students and teaching</p> <p>There may be students watching the X-ray. If you do not want this, please tell us.</p> <p>We may use the X-ray for teaching. You cannot be identified from the X-ray.</p> | |
| <p>Questions</p> <p>Speak to your Speech and Language Therapist or call the Speech and Language Therapy department on 01603 287117</p> | |