

## **Advice following cauterisation with silver nitrate**

### **Post-Operative Over Granulation**

Your vaginal skin has been cauterised today using silver nitrate because you have developed granulation tissue following your surgery. Granulation tissue is excessive tissue (overgrowth) which starts to form over an unhealed area, thus preventing or slowing healing.

### **Silver Nitrate cauterisation following a biopsy**

You have had a biopsy today. Silver nitrate is a caustic substance that stops bleeding from the biopsy area. This has been applied to the biopsy area.

You may have a brownish/grey discharge and some bleeding as the biopsy area heals over the next 2 weeks.

### **Discomfort**

If you experience any discomfort as a result of the treatment, it is advisable to take pain relief such as paracetamol or Ibuprofen.

### **Bleeding/Discharge**

After the silver nitrate treatment, it is normal to have some discharge for a few days. This may be blackish/grey at first, you may also have a spotting of blood. Within a short time the colour should dissipate and convert to clear/watery discharge for a day or two, then nothing.

If the amount of discharge increases or you develop bleeding or a strong smelling odour, please contact your GP or surgery for further advice.

Use sanitary towels (pads) and not tampons until the bleeding or discharge stops.

### **Sexual Activity**

You should avoid sexual intercourse until the bleeding and discharge has stopped.

### **Work/Exercise**

There is no restriction to any activity.

You may bath and shower as usual.