

## Urodynamic Study

Norfolk Physiology Laboratory, Level 2, Centre Block

This test is arranged to test your bladder and help us find the cause of your urinary symptoms or bladder problem.

The test takes 30 - 45 minutes to complete.

### **Flow Rate:**

You are asked to attend promptly with as full a bladder as you can manage. On a special toilet you will be asked to empty your bladder and with a collection system at the base of the toilet the flow rate of your urine is measured.

### **Filling and Emptying with Pressure Measurement:**

This test is to measure the pressures within your bladder as it fills with fluid and as you empty it.

Two thin catheters are carefully placed into your bladder, the first to fill your bladder with water and the second, much smaller one, to monitor the pressure in your bladder. A third very thin catheter is carefully positioned in your rectum (back passage). These catheters are then connected to a special machine.

Your bladder will slowly be filled with water and the person doing the test will ask you questions and ask you to do things (such as coughing) as this is being done.

Once your bladder is full you will then be asked to empty it.

Please do not be alarmed by the test. It is very important to have it done. We make it as comfortable and quick as possible.

Your urogynaecology consultant will write to you with the summary of the result of this test and subsequent management plan in the next 2 to 3 weeks.

