

HAND MASSAGE



3RD THURSDAY OF THE MONTH:

16TH JANUARY – 10AM TO 3PM

20TH FEBRUARY – 10AM TO 3PM

20TH MARCH – 10AM TO 3PM

Provided by volunteers trained in therapeutic hand massage.

Macmillan Information Pod
West Outpatients Level 2

No need to book in advance, time slots may be offered on the day.