

When looking for services (such as Befriending, Funding, Bereavement etc) it is worthwhile asking the following questions:

**Name:** Not needed

**Age:** May be age specific, such as older people, younger people etc

**Gender:** Some are gender specific

**Postcode:** Can be area specific

**Work History:** There are many support services for most occupations

**Armed Forces:** Have they ever served (including National service, at least 1 day) or are serving and their families/dependants

**Medical condition:** Specific to condition eg Dementia, Arthritis, Stroke

**Circumstances:** Bereaved, Unemployed, Homeless, Debt, Carer, Care leaver

What type of befriending are they looking for: Face to face, Telephone: 1 to 1 or group, Email, Text or Letter

This will provide a more tailored outcome for the individual you are working with.