

# Weybourne Day Unit

## Norfolk and Norwich University Hospital

### Welcome Leaflet for Oncology Patients

#### Introduction

The Weybourne Day Unit is the Outpatient Systemic Anti-Cancer Treatment (SACT) Service at the Norfolk and Norwich University Hospital (NNUH). Systemic Anti-Cancer Treatment (SACT) is the umbrella terms for drugs used to treat cancer such as chemotherapy or immunotherapy.

SACT can be given by a tablet that you swallow or directly into the blood stream known as intravenous (IV). The way the drug is given depends on your condition, not on the seriousness of disease. All drugs are specific to your treatment needs so you might have a different plan to another person.

Most SACT is given as an outpatient either on Weybourne Day Unit, the Mobile Cancer Care Unit or Cromer Hospital. In some situations, you may need to have your SACT as an inpatient on Mulbarton Ward.

Your key worker can let you know if treatment closer to home, in either the Mobile Cancer Care Unit or Cromer hospital if this is appropriate for you. Your first treatments must be given at Weybourne Day unit.

#### Getting to Weybourne Day Unit

##### Location

Weybourne Day Unit is in the Colney Centre at the Norfolk and Norwich Hospital.

The Colney centre is on Level 1 of the hospital's East block.



Figure 1 Map of Norfolk and Norwich Hospital, The Colney Centre is mark by a star.

## **Parking**

Parking is located outside the Colney Centre. Parking can be very busy, and we cannot guarantee a space. Please allow time when considering timing for your treatment.

Out-patients who visit more than three times for a single a course of treatment are entitled to free parking after the third visit and until end of that course of treatment. This applies to most people undergoing SACT.

Parking for out-patient appointments exceeding 3 hours can be validated by the clinic for the minimum charge.

Please speak to The Colney Centre reception to redeem your parking ticket.

There is a private multi-storey carpark close the hospital site. We cannot redeem tickets for this car park.

## **Hospital transport**

In some situations, we can provide transport to and from appointments. We are unable to provide transport for everyone.

If you think that you might need assistance with transport, please speak with your key worker/specialist nurse who can discuss this with you.

## **Community Car Schemes**

There are a few community car schemes across Norfolk that can be used to get to and from the hospital. The services charge mileage which is often less money than a taxi.

Norfolk County Council run Travel Norfolk, which is available across the county, the telephone number is **0344 800 8020**.

## **Public Transport**

Whilst having active treatment, we suggest avoiding busy public transport services due to the risk of infection. There is a list of public transport options on the NNUH website under the 'Patients and visitors' section.

## **Cost of Transport**

If you are receiving certain benefits, you may be able to claim for help with your travel expenses and car park charges. To claim for public transport costs you will need to keep bus/rail receipts. Further information is available from NNUH Patient Services on Level 2, (open 9am to 4pm) or call **01603 289769 or 287162**.

## **Before Treatment**

### **Blood test**

You will need to arrange for a blood test 1 or 2 days before your SACT treatment. This is so that the results are available for your assessment and in preparation of treatment.

You can arrange for your blood to be taken at your GP's surgery or local hospital.

### **Teleclinic**

The day before your appointment a nurse will telephone you to discuss the results of your blood tests, and if you have had any side effects from your treatment. This is known as a teleclinic appointment. If you are unwell or need to see an oncology doctor, the teleclinic nurse will arrange this for you.

### **On the Day of Treatment**

Please report to the Colney Centre reception at your allocated time. You will be asked to take a seat in the waiting area until a nurse calls you in. You will be assigned a nurse for your treatment who will support you throughout your time with us.

You are allowed to bring one person to support you during your treatment.

There will be hot and cold drinks and a light snack available during your treatment, please feel free to bring your own snacks but avoid anything with a strong smell.

You may wish to bring a book, music, or tablet to keep you entertained during your treatment. Please bring headphones if you wish to listen to something.

Before leaving the Day Unit, please ensure you have a blood test form and your next treatment date.

If your treatment is to take place in Mulbarton Ward this will be discussed with you by your specialist nurse. Please phone Mulbarton Ward on the day of your treatment to confirm what time you should arrive: **01603 288046 / 01603 289975 / 01603 647967**. You will be discharged home at the end of your treatment. Before leaving the ward, please ensure that you have a blood test form and your next treatment date.

If you are unwell, your treatment may be delayed. You may need to be seen by an oncology doctor before continuing treatment.

### **Acute Oncology and Haematology Service**

The Acute Oncology Haematology Service (AOHS) provides a 24/7 emergency phone line for patients who are undergoing non-surgical cancer treatment under the Oncology or Haematology teams at the hospital.

If you are unwell during your treatment, you should contact the AOHS team on **01603 646799**.

### **Support with impact of Cancer.**

We know that the impact of a cancer diagnosis is not only physical, it can affect other parts of your life including; finances, family life, work life, social life and more. There are a range of support services and charities who can help with this. For more information on support available, please visit the Cancer Advice, Resources and Enquires Hub (CARE Hub). You can access the CARE Hub either by scanning the QR code below, or under our services > cancer services on the NNUH website.



### **Contact information.**

**Weybourne Day Unit Reception, The Colney Centre – 01603 286813**

**Acute Oncology and Haematology Service - 01603 646799**

**North Norfolk Macmillan Centre Reception (Cromer Hospital) - 01603 641541**